# **CONFINED SPACES**

- Always ventilate and, if possible, use an air meter to test the space's atmosphere before entering. If testing isn't possible, use a correctly fitted, approved, self-contained breathing apparatus (SCBA).
- If a respirator is used, ensure that it fits correctly, is approved by NIOSH, and that you are trained and medically cleared to use it.
- Use harnesses and have ladders, ropes, and lifts available to use for entering and for rescue if needed.
- Maintain regular communication with the person assigned to remain outside of the space.

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