



# Tractor Talks

## Sanitation & Hygiene



The lack of sanitation facilities and/or handwashing facilities can lead to many health effects. Farmworkers may suffer urinary tract infections due to urine retention from inadequate availability of toilets, chemical poisoning resulting from lack of handwashing facilities, and infectious and other communicable diseases from microbial and parasitic exposures. To ensure a healthy workplace, farm workers should have access to:

- **Clean water for hand washing.**
- **Readily accessible drinking water.**
- **Nearby toilets that are clean and stocked with handwashing supplies.**

**If housing is provided to workers, it should be safe, uncrowded, and include shower and laundry facilities.**



### **Handwashing Prevents Disease!**

The most effective way to prevent illness is to wash your hands thoroughly and frequently, especially:

- **Before eating or drinking**
- **Before and after using the toilet**
- **After touching dirty surfaces or handling trash, garbage or waste**
- **After contact with fertilizers, pesticides, cleaning products or other chemicals**

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